**Patient Name:** BERRIOS, JUAN

**Date of Birth:** 05/03/1958

**Date of Service:** 05/17/2022

**History of Present Illness:**  
The patient is seen here for Orthopedic post-op follow up evaluation. Patient is status post left knee arthroscopy on 04/18/22.

The patient complains of left knee pain that is 3/10, with 10 being the worst. Pain increases with excessive walking.

**Past Medical History:**  
Noncontributory

**Past Surgical History:**  
Noncontributory

**Past Accident/Injuries:**

**Daily Medications:**  
None

**Allergies:**  
No known drug allergies

**Social History:**  
Noncontributory.

**Physical Examination:**  
**Vitals:** On physical examination, the patient is 5 feet 8 inches tall, weighs 244 pounds.  
**General Appearance:** Patient is a well-developed, well-nourished male in no acute distress. Awake, alert, and oriented x3. Mood and affect are normal.  
**Gait and Station:** Gait is normal

**Left Knee:**  
Examination of the knee revealed well healed portal sites with swelling. No tenderness on palpation. There was no effusion. There was no atrophy of the quadriceps noted. Lachman’s test was negative. Anterior drawer sign and Posterior drawer sign were each negative. Patellofemoral crepitus was not present. Valgus & Varus stress test was stable. Range of motion: Flexion 110 degrees (150 degrees normal), extension -15 degrees (0 degrees normal).

**Diagnostic Imaging:**  
05/29/2021 - MRI of the left knee reveals tricompartmental arthrosis preferentially affecting the medial and patellofemoral compartments. Focus of avascular necrosis spanning 3.6 cm within the proximal tibial diaphysis. Complex tearing of the medial meniscus with attenuated and macerated meniscal remnant. Full-thickness chondral loss with bone to bone apposition medial tibiofemoral compartment. There is a full-thickness fissuring and full-thickness chondral defect involves the patella apex and central trochlea.

**Assessment and Plan:**  
Diagnosis: Status post left knee arthroscopy on 04/18/22.  
Plan: Physical therapy.

The patient’s Left Knee was examined   
MRI of the Left Knee was reviewed.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**